

Health and safety risk assessment checklist

Construction work

When answering these questions, you should consider whether there are any factors in your working environment that impact absenteeism due to sickness in your workplace. If you identify any health and safety problems that can contribute to absenteeism due to sickness (e.g. occupational accidents), you should include them in your considerations when prioritising and drawing up an action plan.

Fall to lower level

Are employees at risk of falling from transport vehicles, ladders, excavations, etc.?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Falling and stumbling

Are employees at risk of tripping or stumbling over clutter, uneven terrain, etc. or slippery/wet floors on the building site/worksite?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Acute and excessive physical load

Is there a risk of acute and excessive physical loads in connection with lifting, pulling or pushing kerbstones, tiles or other heavy materials on the construction site?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Internal traffic

Is there a risk of being hit or squeezed by passenger cars, vans or trucks on the construction site or in connection with roadworks?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Accidents involving handheld tools and machinery

Is there a risk of employees cutting themselves or getting their fingers caught in something when working with handheld tools such as box cutters, drilling machines and angle grinders?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Heavy lifting

Do employees lift well covers, tiles and kerbstones or other heavy building materials?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Pulling and pushing

Do employees exert a lot of physical effort when pulling or pushing wheelbarrows, small barrows, lifting trucks with building materials, etc.?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Poor working postures

Do employees work in a stooped position, squatting, on their knees or in other poor working postures, e.g. when laying paving stones, tiles and kerbstones?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Repetitive and physically demanding work

Do employees strain their bodies in the same way over long periods, e.g. due to working in fixed postures during excavations or holding a tool in the same position for long periods at a time?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Loud noise

Do employees work with cutting machines, chisel hammers, plate vibrators, angle grinders or other very noisy machines?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Whole-body vibrations

Do employees drive road rollers, asphalt milling machines, tillage machines or other machines that subject them to strong vibrations?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Hand-arm vibrations

Yes No

Do employees get tingly or numb fingers after working with highly vibrating tools such as plate vibrators, punners and asphalt cutters?

 Large workload, time pressure and unclear requirements

Yes No

Are employees often too busy or assigned too many tasks in the workplace?

 Help and support from management and colleagues

Yes No

Do employees need help and support from management and colleagues?

 Bullying/harassment

Yes No

Is anyone in the workplace being subjected to bullying/harassment?

 Psychological first aid

Yes No

Is it unclear whether employees will receive psychological first aid if they fall victim to or witness a serious accident?

 Hazardous substances and materials

Yes No

Do employees work with hazard-labelled products such as bitumen, asphalt, epoxy and styrene?

 Dust, gases and smoke

Yes No

Is there a risk of employees being exposed to quartz dust from concrete, fumes from solvents and petrol in contaminated soil, exhaust fumes from engines or any other kind of hazardous air pollution?
